

KY STATE BOARD OF PHYSICAL THERAPY
THE MALL OFFICE CENTER
400 SHERBURN LANE, SUITE 248
LOUISVILLE, KY 40207-4215

ADDRESS CORRECTION REQUESTED

TO:

FIRST CLASS



KENTUCKY STATE BOARD OF PHYSICAL THERAPY NEWSLETTER

SPRING 1992

YOU MIGHT BE INTERESTED TO KNOW....

When the KSBPT 1st began considering a regulation which would set maximum PT:PTA/AIDE staffing ratios, they found only 2 states with existing staffing standards. In 02/92, the Standards of Practice Committee of the FSBPT furnished member boards charts re supervision requirements in all states. The following maximum staffing information was furnished by the committee.

STATE	RATIOS PER PT	STATE	RATIOS PER PT	STATE	RATIOS PER PT	STATE	RATIOS PER PT
AK	2 PTAs	ME	2 PTAs	NJ	2 PTAs	PA	2 PTAs
AZ	3 PTAs/Aides	MN	2 PTAs	NM	2 PTAs/Aides	RI	2 PTAs/Students
DE	2 PTAs/ATs	NE	2 PTAs	NY	4 PTAs	SD	2 PTAs/Aides
KY	4 PTAs/Aides	NH	2 PTAs	ND	2 PTAs/Aides	VA	3 PTAs
						WA	2 PTAs

Excerpts from ELSEWHERE RE: SUPERVISION: "The number of PTAs may not exceed $\frac{1}{2}$ the number of PIs on the premises"; "PTAs in 'isolated communities' require on-site supervision by PI at least 1 x every 2 wks"; "The PI shall be present in the same institutional setting 50% of any work week or portion thereof that the PTA is on duty...."; "In home health...the PI shall meet with the PTA no <1x/wk to review all cases..., & make on-site visit to each patient no <1x every 2 wks"; "The PI must observe the patient's status before & after the treatment administered by an aide...."; "Persons working with a temporary permit must receive direct patient care observation no less than 5 hrs/40 hr wk"; and in one state, these varying supervision requirements for PTAs in: Acute care = 'on the premises' & Chronic care = 'telecommunications/same geographic location'. In both settings, 1st PTA visit is joint PI + PTA. In that same state, aides providing duties subject to licensure were 'abolished' in '73; except those persons who were aides pre '73 may still perform (only) those duties they were performing prior to 1973!

BOARD OPINIONS RECENTLY RENDERED

When a person calls the board office with a practice related question which is not addressed in regulation, has not been previously interpreted by the Board, or might otherwise require reaffirmation by the Board, the licensee is directed to write the Board for their opinion. Written requests are addressed by Board members at their next regularly scheduled meeting. Opinions recently sought include:

A. SUPERVISION IN WORK HARDENING: Questions concerning supervision of supportive personnel in a work hardening setting when the physical therapist is the primary provider, and questions concerning whether the PT must him/herself perform the functional capacity evaluation were recently directed to the board.

A review of the Worker's Compensation Regulations revealed that worker's compensation and Board regulations are very compatible relative to supervision required for supportive personnel. Worker's Comp regulations require "direct supervision or substantially in their presence", and the PT Board requires "on-site" supervision, with the definition of on-site as "immediate physical accessibility within the same building".

In addition, Worker's Compensation regulations require the functional capacity evaluation to be performed by a physician, physical therapist or occupational therapist.

B. PTA and GROUP EXERCISES: A question was sent asking whether or not a PTA could provide exercise instructions to a group of industrial workers when there is no individualized instruction and the PT has documented the PTA's competency to provide that instruction. The board concluded that the PTA could be allowed to do this provided that the service is not in any way promoted as physical therapy, even to the company.

C. 1st POST-OP VISIT: The board was asked if it was permissible for the PTA to make the first visit to a patient post operatively if the PT had evaluated the patient prior to surgery. The Board reaffirmed that since the practice standards require a reassessment by the PT when a patient's medical condition has changed that a PT must make the first visit to reassess the patient post-operatively.

NPTE EXAM OWNERSHIP, EXAMINATION COMPANY, AND EXAM SCORING METHODS ALL TO CHANGE IN 1993

The Federation of State Boards of Physical Therapy (FSBPT), formed in 1987 by fewer than half of the states' licensure boards, now has 46 member boards. Only two years later the FSBPT purchased the examination from the American Physical Therapy Association, and the two organizations began a cooperative and organized transfer of examination responsibilities to the Federation; to be fully implemented by 1993.

EXAM CONTRACT AWARDED TO PES

One of the FSBPT's interim responsibilities was to request proposals from test companies who wished to be the provider for the National Physical Therapy Examination (NPTE). When the FSBPT announced that the Professional Examination Service (PES) of New York had been awarded the contract, member boards were given a detailed synopsis of the selection process, and were pleased with the thorough and objective manner in which the testing agency selection had been made. A concern of boards for their licensees who often do not know which agency provided the NPTE they took, or even exactly when they were examined has also been addressed. The PES, which had previously been the NPTE test provider until 07/87, also will have the examination data/scores for individuals who took the NPTE during the period that ASI provided the NPTE (exams taken between 11/89 - 11/92). Beginning in 1993 transfer of scores from one state to another can take place through one agency, the Interstate Reporting Service of the PES. Definitive details of this procedure will be announced later.

EXAM SCORING METHODS PERFORMANCE VS. STATISTICAL

The final change anticipated to begin in 1993 is the method that states can utilize to have the licensure examination graded. Presently, Kentucky and all but 2 of the remaining states use the "norm referenced" approach to examination scoring. In this approach, the mean (average raw score) and standard deviation of a form of an examination are used to set the passing level. Kentucky and all but 6 states utilize a -1.5 SD to determine passing. When using a -1.5 SD below the national average raw score for the exam, a fixed number, all but 7.8% of the 1st time takers, will pass the exam. Raw score passing points for the NPTE vary from exam to exam. For example, based upon this statistical method of grading, the differences in the raw score passing points for all (3) '91 exams and the 03/92 exam ranged between 109 - 121 questions answered correctly. To provide a common, more understandable language for passing scores, most of the states using norm referenced scoring call the passing point on each exam "converted 75", or something similar. That converted score is usually what is reported to each examinee.

The approach used to determine passing scores which is anticipated to be in effect in 1993 is the Criterion-referenced method. In this method, the pooled judgement of content experts is required to determine what proportion of minimally competent candidates will answer each question correctly. The average of 'pooled judgements' x the total number of items/questions will produce a 'minimally acceptable' or passing score. Such studies (modified Angoff) have already been performed for the 02/91 & 07/91 physical therapist NPTE. We are particularly proud that one of the Kentucky board's nominees for this study, Joan Graybeal, PT of Georgetown was selected to be one of only twelve national judges for the 07/91 exam. A modified Angoff Study will be performed in 06/92 in Denver for the PTA NPTE exam.

The passing score on the test therefore will be set relative to the difficulty level of test items and the ability of "minimally competent" candidates. Separation of "competent" and "incompetent" candidates are then distributed on performance rather than on statistical standards, a long desired change.

HIV/AIDS EDUCATION REQUIREMENT UPDATES

After a cumbersome and trying start, implementation of the HIV/AIDS education requirement mandated by the 1990 Legislature seems to be coming together! Listed below are important clarifications for you:

- 1) PTs & PTAs who renewed, reinstated or applied for a license in 1991 BEFORE JULY 1st:
 - a. must complete a CHR approved course before 07/01/92,
 - b. are to RETAIN their course completion certificate in their permanent files, and
 - c. must mail a copy to the Board ONLY if so directed during an audit.
- 2) PTs & PTAs who APPLIED for KY licensure/certification, or reinstated a KY license/cert. AFTER JULY 1st:
 - a. must have completed an approved course to be licensed or must have requested a 6 mo. waiver in writing.
 - b. If a waiver is requested, SEND IN A COPY of the course completion certificate within 6 months.
 - c. The 6 month "grace period" begins when a temporary permit (examinees only) or license is issued.

This Newsletter is in part devoted to providing an updated approved course list for your convenience. NOT listed are one time courses previously given and courses intended for persons who wish to be trained as a course provider. Remember, if you wish to seek approval for an out of state course, your PT School curriculum, or a course taken after July 13, 1990, call (502/564-6539)/ write to:

LIBBY BURKS-WEATHERS, MA ED CHES
 KY AIDS EDUCATION PROGRAM/CHR
 275 E MAIN STREET
 FRANKFORT, KY 40621

OUT OF STATE APPROVED COURSES

SHERRY GASS.....317/630-8521 MIDWEST AIDS TRAINING & EDUCATION CENTER WISHARD MEMORIAL HOSPITAL INDIANAPOLIS IN 46202	CENTERS FOR DISEASE CONTROL (CDC) ATLANTA, GA
CINDY SNODGRASS.....812/425-3341 AMERICAN RED CROSS PO BOX 4839 EVANSVILLE, IN 47724-0839	KATHRYN CONNELL, MPH.....317/253-5834 JUDITH DEUTSCH, MD CT ASSOCIATES SERVICES, INC Tentative date: 620 OAKWOOD DRIVE ** = 02/22/92 INDIANAPOLIS, IN 46260 (one time PT course)
AMERICAN RED CROSS.....407/391-9718 PALM BEACH COUNTY CHAPTER POB 870, 825 FERN STREET WEST PALM BEACH, FL 33402	

APPROVED INDEPENDENT STUDY COURSES

MADLINE BEERY, PRESIDENT.....1-800-783-2437 AIDS IMPACT, INC NOTE: Both facility and PO BOX 9443 individual courses offered SEATTLE, WA 98109	ROBERT ANDERSON PUBLISHING.....916/369-0223 COMPANY, INC PO BOX 276297 SACRAMENTO, CA 95827-6297
DEBBY GALLOWAY.....1-800-523-1973 SCRIPPS MEMORIAL HOSPITAL PO BOX 4299 CHULA VISTA, CA 91909-4299	SUE VANOVER.....502/688-2000 OWENSBORO-DAVIESS CO HOSPITAL 811 EAST PARRISH AVENUE OWENSBORO, KY 42301
ANN K HANAWALT.....904/733-8758 AKH, CONSULTANT PO BOX 56067 JACKSONVILLE, FL 32241-6067	ELLEN GOODNER, RN, BSN.....502/575-2735 WESTERN BAPTIST HOSPITAL 2501 KENTUCKY AVENUE PADUCAH, KY 42003
CLINICAL SUPPORT CENTER.....602/263-1581 4212 NORTH 16TH STREET PHOENIX, AZ 85016	

INDEPENDENT STUDY COURSES AVAILABLE ONLY TO PERSONS IN LIMITED RURAL AREAS

MELBA SUE LOGAN, RN BSN.....606/439-1331 ext 123 SE AREA HEALTH EDUCATION CNTR ARH REGIONAL CENTER/HAZARD 100 MEDICAL CENTER DRIVE HAZARD, KY 41701	SUE GARMON LOVE.....502/825-7337 WEST AREA HEALTH EDUCATION CNTR 200 CLINIC DRIVE MADISONVILLE, KY 42431
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APPROVED PHYSICAL THERAPY PROGRAM CURRICULI

<u>School Name</u>	<u>Approved for Graduates</u>	<u>School Name</u>	<u>Approved for Graduates</u>
Ohio State University	1990, ongoing	University of Kentucky	1991, ongoing
University of Louisville	1991, ongoing	Hahnemann Univ. Grad School	1993, ongoing

ONGOING COURSES: MULTIDISCIPLINARY - FOUR OR MORE HOURS

<u>PROVIDER</u>	<u>TELEPHONE NUMBER</u>
BETTY DUCHARME, RN.....	606/281-2440
APPALACHIAN REGIONAL HEALTHCARE 1220 HARRODSBURG ROAD LEXINGTON KY 40533	** = 11/91 in PINEVILLE & JENNY WILEY STATE PARK
DEBORAH ANDREWS.....	502/442-3047
LOURDES HOSPICE 1510 LONE OAK ROAD PADUCAH, KY 42003	
GAIL WIZE, RN, MSN.....	606/783-2635
MOREHEAD STATE UNIVERSITY UPO BOX 715 REED HALL MOREHEAD, KY 40351-1689	** = 01/10/92 Jackson 01/13/92 Morehead 02/04/92 Morehead 03/04/92 Morehead 04/02/92 Morehead
NORTHERN KY DISTRICT HEALTH DEPARTMENT: CATHY KUNKEL-MAINS.....	606/341-4264
or JULANE SIMPSON, RN.....	606/291-0770
GAYLE CARTER.....	502/223-0245
NATIONAL ASSOCIATION OF SOCIAL WORKERS PO BOX 1211 FRANKFORT KY 40602-1211	** = 04/17/92 Louisville Place: Galt House Call to pre-register
JEAN PERRY, RN	606/255-8501 ext 233
KY TECH CENTRAL CAMPUS 104 VO-TECH ROAD LEXINGTON, KY 40510-1020	
VICKI SUTHERLAND.....	502/564-8050
CHR/DIVISION OF DISABILITY DETERMINATIONS PO BOX 1000 FRANKFORT KY 42602	
MARY WALTON.....	606/324-4131
CHR/ASHLAND DEPT FOR SOCIAL SERVICES PO BOX 1507 ASHLAND KY 41101	
EVA ROGERS, RN, BSN, CPAN.....	502/825-5100
REGIONAL MEDICAL CENTER 900 HOSPITAL DRIVE MADISONVILLE, KY 42431-1694	
SHURANN YEAGER (1 day course) BG CAUDILL (4 hr. course) WOODFORD MEMORIAL HOSPITAL.....	606/873-3111
360 AMSDEN AVENUE VERSAILLES, KY 40383	

<u>PROVIDER</u>	<u>TELEPHONE NUMBER</u>
MIKE KRETMAN, RN BSN.....	502/636-5212
HOSPICE OF LOUISVILLE 982 EASTERN PARKWAY LOUISVILLE KY 40217	
ANN GREENWELL, DMD, MDS.....	502/588-5312
CHILDREN & YOUTH PROJECT UNIVERSITY OF LOUISVILLE LOUISVILLE, KY 40292	
LOUIS INMAN.....	502/244-3663
CHILDRENS RESIDENTIAL SERVICES 10510 LAGRANGE ROAD LOUISVILLE, KY 40223	
COLLIN SCHWOYER, MS.....	502/625-5601
LOUISVILLE/JEFFERSON COUNTY BOARD OF HEALTH 400 E GRAY STREET LOUISVILLE, KY 40201	** = 06/17/92 8:00 am-12:00 noon
BRENDA GAINES, RN.....	502/425-4701
CARETENDERS, INC 9200 SHELBYVILLE ROAD LOUISVILLE, KY 40222	
JANIE KITCHEN.....	606/329-2999
ASHLAND COMMUNITY COLLEGE 1400 COLLEGE DRIVE ASHLAND, KY 41101	
DOUG BURNHAM.....	606/622-1644
EASTERN KY UNIVERSITY DEPT OF ANTHROPOLOGY & SOCIAL WORK 223 KEITH BUILDING RICHMOND, KY 40475	
LUANNE MCQUEARY.....	606/679-4361 ext 292
OAKWOOD PO BOX 1106 SOMERSET, KY 42501	** = all courses filled until 04/92
SUSAN ENLOW, MS.....	606/278-3436
SAINT JOSEPH HOSPITAL ONE SAINT JOSEPH DRIVE LEXINGTON, KY 40504-3754	
MARY M. SMITH.....	606/254-5701
CARDINAL HILL HOSPITAL 2050 VERSAILLES ROAD LEXINGTON, KY 40504	
* EDWIN HACKNEY.....	606/281-2100
COMPREHENSIVE CARE CENTER 200 WEST 2ND STREET LEXINGTON, KY 40504	

CAUTION: SOME of the above listed providers permit employees only in their courses. ALSO, some hold courses which are less than four hours. Identify your need to take a course which is at least 4 hrs!

COURSE PROVIDERS WHO WILL "COME TO YOU"

(Will set up program for groups of varying sizes. Call to schedule)

J. P. GILES.....	502/564-6895
KY LABOR CABINET 1049 US 127 SOUTH FRANKFORT, KY 40601	** = ANY SITE, 30 persons cost = FREE
JUDY STEPHENSON.....	606/257-1243
EAST CENTRAL AIDS EDUCATION & TRAINING CENTER (ECAETC) MS 129X, UK MEDICAL CTR LEXINGTON, KY 40536-0084	** 12/09 (5 pm-9 pm) 12/10 (8 am-12 pm) 01/27 (5 pm-9 pm) Louisville, call to register: 502/893-1144
cost = \$20/person	

JUDITH HAMM, RN.....	606/285-5181
OUR LADY OF WAY HOSPITAL HC68 BOX 1025 DAVID, KY 41616 (Floyd Co)	
RICHARD D. KNITTEL, D.C.....	606/873-2077
KNITTEL CHIROPRACTIC PO BOX 211 VERSAILLES, KY 40383	cost \$75/person

HIV/AIDS EDUCATION REQUIREMENTS UPDATE

- 1) Courses must be specific to physical therapy or multi-disciplinary; approved for all professions regulated by this requirement.
- 2) Persons who made application for a license AFTER 07/01/91 who had not previously completed a CHR approved 4 hr course:
 - MUST make written request for a 6 mo waiver, complete an approved course, and SEND A COPY of their course completion certificate to the board within SIX MONTHS of being issued a temporary permit or license.
 - Expect their license to be disciplined/suspended or revoked if the requirement is not met.
- 3) Persons who were already licensed or applied for a KY license BEFORE 07/01/91:
 - Deadline for CHR approved 4 hour course completion, 07/01/92.
 - Are NOT to send in a copy of course completion certificate unless directed to do so by the board during a random audit. All individuals in this category are assumed to have completed the mandatory course.
- 4) The HIV/AIDS education received by PT graduates of Andrews University is now CHR approved/KY requirements.

LOOKING AHEAD

- 1) **IMPORTANT:** Courses taken in the present licensure biennium will satisfy the HIV/AIDS education requirement for license renewal ending 03/31/93.
- 2) Between 03/31/93 and 03/31/95, each licensee is to complete an additional TWO hr course, and retain the course completion certificate in their own files. A random audit will again be performed after each license renewal.
- 3) All NEW applicants will continue to be required to complete an approved FOUR hour course to be licensed.

UPDATED LISTS

To receive the board's most up-to-date list of ongoing and self study courses, send a self addressed, stamped # 10 envelope to the board office.

**BOARD MEETINGS SCHEDULED
OTHER IMPORTANT DATES**

May 8, 1992.....Board Meeting, Louisville	September 18, 1992.....Board Meeting, Louisville
June 8, 1992.....Filing Deadline, July Exam	September 21, 1992.....Filing deadline, November Exam
July 17, 1992.....Board Meeting, Louisville	September 23-26, 1992.....CLEAR Conf & FSBPI meeting Detroit, MI
July 20-23, 1992.....NCIT (Investigator training course) Minneapolis	November 5, 1992.....PT & PTA Examination, Louisville
July 23, 1992.....PT & PTA Examination, Louisville	November 20, 1992.....Board Meeting, Louisville

Note: Board meeting dates are subject to change. Call 502/588-4687 to confirm date if you plan to attend.

MEET TOM A. PENNINGTON, PT
NEW BOARD MEMBER

Governor Brereton C. Jones has made his first appointment to the Board of Physical Therapy, PT Tom Pennington of Bowling Green, replacing Karen Cronin, PT of Louisville. Tom and Karen will both attend the May 8th Board meeting, helping to assure a smooth transition of duties. He will join other board members (Chairman) Georgia King, PT of Stanton, Kim Cleary, PT of Corbin, Bill Harkins, PT of Hopkinsville, and Public Member Jim DeLapp of Louisville.

Tom attended Western Kentucky University, and graduated with honors from the University of Kentucky, BS/PT in '83. Following graduation, he worked as a PT at Pattie A. Clay Hospital in Richmond ('83-'85), later became Director of Physical Therapy at Marymount Hospital, London in '86-'87, and in '87-'88 was Administrator/Director of the London Physical Therapy Clinic. In May 1988, Tom and his wife Portia moved to Bowling Green where Tom was to be Director of Rehab Services for DiversiCare Rehab Services, Inc. They now have three young daughters, and Tom is President and CEO of DiversiCare. Tom is very active professionally in the KPTA on both the district and state level, and is clinical education coordinator/instructor for students from Kentucky's (2) PT programs, (2) KY and (1) TN PTA schools, the EKU OT program, and with WKUs' AHEC Pre-PT and PT program.

The adage, "if you want something done, assign it to a busy person" must have been written for Tom Pennington. Outside of his professional and personal life, Tom is pursuing a Masters of Health Care Administration at WKU and is active in many civic activities. These include Board member of Bowling Green Big Brothers/Big Sisters, Leadership Bowling Green Alumni, Bowling Green/Warren County Chamber of Commerce, Junior Achievement of Warren County (Business Consultant), Coach for the Bowling Green Jr Tennis League, and a member of the Administrative Board and Staff Parish Committee of the State Street United Methodist Church. We look forward to having Tom as a member of the Board.

Welcoming a new board member however means "losing" one. Karen Cronin, PT has been a model board member, one difficult to replace, and one whose fair, but tough stands and strong ethics will always be remembered. Her three years flew by for her colleagues on the Board. We hope that she will again permit her name to be placed in nomination for a future opening. We thank Karen on behalf of all of you whom she represents.

MEET THE BOARD'S STAFF...

KATHLEEN HARDIN, SECRETARY

Usually, the pleasant voice heard when you place a call for general information to the board office belongs to Kaye Hardin, part time secretary to the Board. The Board counts itself lucky that Kaye, who had retired from State Government in '88 where she had held secretarial and office manager positions, found that she missed working, and answered an ad the Board had run in the paper. A native of Russellville, Kaye graduated from Andrew Jackson University in Nashville with a degree in secretarial science. She worked in Nashville, and Oak Ridge, TN on the Manhattan Project before moving to Louisville where she was secretary to the manager of Industrial Relations at International Harvester. Kaye married, had 2 sons, and spent the next 20 yrs as a full time homemaker/mother before reentering the work force, this time in State Government. During that period she completed 60 more semester credits from JCC, and in 1979 earned the coveted "Certified Professional Secretary" certification from the National Secretary's Association.

Her skills, work ethic, and scheduling flexibility have been a blessing to the board. When she is not working, Kaye enjoys creating stained glass, her 2 grandchildren, family, playing bridge, and travel.

NANCY BRINLY, PT
EXECUTIVE SECRETARY

Under the provisions of KRS 327, regulations and through clear direction and policies set by the 5 members of the Board of Physical Therapy, the daily operations of the Board have since 10/78, fallen to Executive Secretary Nancy (Blankenship) Brinly, PT. In '78 when she resigned her position as Director of Physical Therapy at Norton-Children's Hospitals in Louisville to devote more time to her then young children, working for the Board seemed ideal. Like many other autonomous Physical Therapy Boards of the time, the position was then mostly part time and was run as a "home industry" by a licensee. Nearly 14 yrs later, the position has long since been full time, and the Board moved to it's own spacious offices in 1989.

Nancy attended the University of Colorado and graduated from Washington University, St Louis, BS/PT '59. After 2 yrs at the 3,900 bed Charity Hospital of Louisiana/New Orleans, and 1 yr at the Palo Alto-Stanford University Medical Center, she moved to Louisville. Starting as a part-time PT at Methodist Evangelical Hospital, she soon added time at Louisville's Children's Hospital, and in '66 she left MEH to devote full time to Children's. Areas of special clinical interest at Childrens included burns care, especially splinting & scar amelioration, surgical heart and chronic chest patients, and developing Children's as pediatric clinical internship site for students from 6 universities. In '72 she was appointed Corporate Director of the newly merged Norton Infirmary and Children's Hospital (now Norton Kosair-Children's Hospitals). Outside clinical work, professional activities included chairing the task force to initiate Kentucky's 1st PTA program at JCC, being an invited member of the Children's Bureau task force to "Determine the Role of the Pediatric PT", and representing physical therapy to the Council on Higher Education from '76-'81. During those "clinical years", she served as the KY Chapter, APTA's State President and was a member of the KPTA Board of Directors for 11 years. In '82, she received the KPTA's "Outstanding Physical Therapist Service Award".

In her Board position, Nancy enjoys daily interactions with licensees, other health regulatory boards and agencies, observing expansions and changes in the delivery of physical therapy services in Kentucky, activity on Federation of State Boards of Physical Therapy Committees, and membership on the Attorney General's Health Care Fraud Task Force. In spare time she enjoys perennial gardening, swimming, photography, and continuation with her "first love/profession" as a "weekend warrior" at Kosair-Children's Hospital.